Woodbury
Parks and Recreation

Online registration begins Wednesday, Dec. 1.
Mail, walk-in or drop box Friday, Dec. 3.
**New Year’s Eve Matinee**

A celebration to ring in the New Year just for little ones! The sports center’s field house will be filled with inflatables to bounce, run and climb in; obstacle courses; picture bingo to play for prizes; crafts and so much more! The countdown to the “New Year” will take place at 3:45 p.m.

Recommended ages 3-7 (an adult must accompany children)

Res/NR $10 per child if pre-registered
(only children need to register)

Res/NR $12 at the door, if available

HealthEast Sports Center

Friday, Dec. 31 2-4 p.m. #550610-02

**Coin Quest**

Calling all wise, adventure-seeking and puzzle-solving Woodbury residents! Join the search for three hidden coins this winter in Woodbury’s 2nd annual winter medallion hunt, Coin Quest! The three-week long search is a partnership between Woodbury Public Safety, Woodbury Community Foundation and Woodbury Parks and Recreation and includes three coins – one hidden in a Woodbury park each week!

Clues will be provided throughout the week to help seekers find the hidden coin! Follow Woodbury Parks and Recreation and Woodbury MN Police, Fire EMS on Facebook to see the clues.

The individuals who find each coin will receive the original coin as a keepsake and $100 worth of gift cards to Woodbury businesses. In addition, each time a coin is found, the Woodbury Community Foundation will generously donate $100 to a local non-profit.

Thank you to the Woodbury Community Foundation for generously sponsoring the donation portion of each prize.

*No registration is required and the Coin Quest is open to all Woodbury residents.*

**Watch the social media pages for more information on clue release dates!**

**New Year’s Eve Family Celebration**

It’s the party of the year! The sports center will be filled with fun inflatables, huge moonwalks, obstacle courses, bingo, ice skating, music, crafts, a photo booth and so much more to make this evening a fun night for all! Door prize drawings will be held at 8:30 p.m. followed by the big countdown to 2022. Tickets must be purchased for all attendees age 3 and older.

Recommended for families with children under 12

Res/NR $10 per person if pre-registered

Res/NR $12 at the door, if available

HealthEast Sports Center

Friday, Dec. 31 6-9 p.m. #550610-01

Coins will be hidden the weeks of Jan. 17, 24 and 31.

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**Register online at WoodburyRecreation.com**
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Registering online is easy!

1. Visit woodburyrecreation.com and select the green “Register or view programs and events” button.

2. Login with your username and password.
   • If you have never used our system before, you may create an account online.
   • If you are unsure of your username or password, and you do not have an email address on file with us, please contact us at 651-714-3583.

3. Click on “Age Range” and then “Activity Type,” or use the keyword search.

4. Click the green plus sign button and Add to Cart at the bottom of the screen.
   • You can enroll in multiple classes or register multiple participants at the same time.

5. Continue shopping or proceed to checkout.

Please note the registration dates below.

Important Registration Dates

Week of Nov. 22
Brochures mailed to Woodbury households.

Wednesday, Dec. 1
Online registrations.

Friday, Dec. 3
Open registration begins (phone, mail or walk-in).

For some programs, prices are different for residents (Res) and non-residents (NR).

Review important registration information online at woodburyrecreation.com

Refund and Cancellation Policy

• You may cancel a registration 10 business days before the start of the class. You will receive a refund, minus a $5 administrative fee per program per person for programs with a fee of $74.99 and under; a $10 administrative fee per program for programs with a fee of $75 to $149.99; and a $15 administrative fee for programs with a fee of $150 or above. Programs with fees of $10 or less will not qualify for a refund. Note: Program credits are not available.

• Cancellations less than 10 business days prior to the start of the program will not be eligible for refunds.

• There will not be prorating of class fees or program credits.

• Contact the Parks and Recreation Department at 651-714-3583 to process a cancellation.
Preschool Programs

Superhero Camp
Become a superhero in this exciting four-week training program! Create a super mask that you can wear each week as you train. In this class we will do different games, activities and drills to develop your skills and make you into a true superhero. Costumes welcome.

Middleton Elementary School Gym  Res $30/NR $40
Mondays, Jan. 24-Feb. 14
Ages 4-6  6:30-7 p.m.  #551131-01
Ages 5-7  7:10-7:40 p.m.  #551131-02

Activity Sampler
Games, sports and activities all rolled into one with lots of emphasis on physical activity and interaction. Each week, staff will prepare stations in an open gym format for you and your child to participate and play.

Middleton Elementary School  Res $30/NR $40
Mondays, March 21-April 11
Ages 2-4, adult participation required  6:30-7 p.m.  #551130-01
Ages 3-5, adult participation required  7:10-7:40 p.m.  #551130-02

Mini Mat Time
A basic introduction for little tumblers. Participants and their parents will learn pencil rolls, log rolls, forward rolls, balance and other general techniques. Relays, games and parachute fun will be included.

Middleton Elementary School Gym  Res $30/NR $40
Tuesdays, Jan. 11-Feb. 1  6:30-7 p.m.  #551134-01
Tuesdays, March 15-April 5  6:30-7 p.m.  #551134-02

Tiny Tumblers
This introductory program is designed to strengthen muscles and improve agility and coordination. Participants will learn forward and backward rolls and an introduction to general techniques will be taught. Fun relays, games, exercises and races will be included. Each session is same curriculum, but offered on different sets of dates.

Middleton Elementary School Gym  Res $30/NR $40
Tuesdays, Jan. 11-Feb. 1  7:10-7:40 p.m.  #551134-03
Tuesdays, March 15-April 5  7:10-7:40 p.m.  #551134-04

Winter Classes

Ojibway Park Building  Activity #  Auditor #
Tuesdays, Jan. 11-March 15  9:15-10 a.m.  #550760-01  #550769-01
10:15-11 a.m.  #550760-02  #550769-02
Thursdays, Jan. 20-March 24  9:15-10 a.m.  #550760-03  #550769-03
10:15-11 a.m.  #550760-04  #550769-04
11:15 a.m.-noon  #550760-05  #550769-05
Kargel Park Building  Activity #  Auditor #
Saturdays, Jan. 15-March 19  9-9:45 a.m.  #550760-06  #550769-06
10-10:45 a.m.  #550760-07  #550769-07
11-11:45 a.m.  #550760-08  #550769-08

Online classes via Zoom
Tuesdays, Jan. 11-March 15  9:15-10 a.m.  #550760-09  #550760-10
10-10:45 a.m.  #550760-11  #550760-12

Spring Classes

Kargel Park Building  Activity #  Auditor #
Tuesdays, March 29-May 31  9:15-10 a.m.  #550764-13  #550769-13
10:15-11 a.m.  #550764-14  #550769-14
Thursdays, March 31-June 2  9:15-10 a.m.  #550764-15  #550769-15
10:15-11 a.m.  #550764-16  #550769-16
11:15 a.m.-noon  #550764-17  #550769-17
Saturdays, March 26-May 28  9-9:45 a.m.  #550764-18  #550769-18
10-10:45 a.m.  #550764-19  #550769-19
11-11:45 a.m.  #550764-20  #550769-20

Online classes via Zoom
Tuesdays, March 29-May 31  9:15-10 a.m.  #550764-21  #550764-22
10-10:45 a.m.  #550764-23  #550764-24
**Amazing Athletes!**

### Amazing Tots

Amazing Tots is a guided, discovery-based sports program designed to engage, maintain, and develop a toddler’s attention span and physical abilities. Each 30-minute class encompasses a discovery lesson in one or two different sports, structured physical challenges and organized physical exploration activities. Significant emphasis is placed on imaginative fitness activities along with color recognition, shape classification, letter identification, and action vocabulary experiences (over, under, around, etc.).

**Ages 18 months-3 years, adult participation required**

**HealthEast Sports Center Field House**

**Thursdays, Jan. 13-March 17**

Res $150/NR $175

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<th>Times</th>
<th>Fees</th>
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<td>Wednesdays, Jan. 5-Feb. 2</td>
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### Amazing Athletes

Develop your child’s motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. Each 40-minute class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere.

**Ages 3-5**

**HealthEast Sports Center Field House**

Res $75/NR $90

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### Soccer Shots

A high-energy program introducing children to fundamental soccer principles and skills using fun games, songs and positive reinforcement. Weekly sessions focus on basic soccer skills like dribbling, passing and shooting. Your child’s character and attitude will be challenged and molded in a positive way as they learn teamwork, sharing, communication and respect.

**Mini Ages 2-3**

**Classic Ages 3-5**

**Thursdays, Jan. 13-March 17**

Res $150/NR $175

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### Pee Wee Sports

Kick, hit, throw and dribble your way throw fun games and drills of your favorite sports. Participants will learn the basic skills and rules of the chosen sport through fun drills and games. Pee Wee Sports first and foremost promotes sportsmanship, physical activity and peer interaction in a team atmosphere. The last practice will include a game between the children and adults. Adult participation is required with assisting children in skills and drills. Fee includes a T-shirt.

**Ages 4-6, adult participation required**

**Middleton Elementary School Gym**

**Basketball**

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**Soccer**

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**Combo (One night each of basketball, soccer, T-ball and floor hockey)**

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**T-ball**

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### Pee Wee for 3s (PW3)

Kick, hit, throw and dribble your way throw fun games and drills of some of our favorite sports! PW3 is a great way to give 3-year-olds a taste of being on a team and introduce them to the skills of soccer, T-ball, basketball, and floor hockey. Fun games and drills will teach the basic skills. Modified 5-on-5 games will be played as skills are developed. Adult participation is required with assisting children in learning how to warm up, take turns, practice skills and be part of a team. Fee includes a T-shirt.

**Age 3, adult participation required**

**Middleton Elementary School Gym**

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Youth Programs

Kidcreate Studios

**Friday Morning Fun Parent and Me Classes**

Kidcreate Studio’s award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge-worthy masterpieces while learning art concepts and experimenting with different art materials.

Central Park, Valley Creek Room B

Ages 18 months-6 years with adult (only children need to register)

**Who Stole the Cookie?**

Who me? Yes, you! Come along and create right alongside your child as we sculpt a cute cookie jar filled with tiny clay cookies. We’ll even sing everyone’s favorite silly song “Who Stole the Cookie from the Cookie Jar” while we create.

Res $21/NR $31

Friday, Jan. 14 9:30-10:30 a.m.  #550786-01

**Valentine’s Day Craft Party**

Nothing says “I love you” like a homemade gift! Let your young artist show their favorite Valentine how much they love them with a jumbo-sized conversation heart made out of clay. This is a great class for siblings to attend together!

Res $21/NR $31

Friday, Feb. 11 9:30-10:30 a.m.  #550786-02

**Row, Row, Row Your Boat**

Life is but a dream in this adorable, music-filled art class! Artists will sing along as they paint, creating art that really moves as their little rowboat glides down a glittery, painted stream.

Res $21/NR $31

Friday, March 25 9:30-10:30 a.m.  #550786-03

Science Explorers: At-Home Science Kits!

Science Explorers is offering STEM kits through their at-home STEM educational line, Discovery Explorers. Each kit includes either an instructional video or written instructions with all materials you will need to complete each science project. Information for each kit is available at woodburyrecreation.com.

**Ages 4-8 with Adult**

- Preschool Chemistry Fun Res $48/NR $58  #531272-06
- Wizard School Res $69/NR $79  #531272-05
- Crazy Chemistry Res $70/NR $80  #531272-01
- STEM Sampler: PH Testing & Art Bot Res $39/NR $49  #531272-02
- Science of Slime & Crazy Catapults Res $45/NR $55  #531272-03
- Young Inventors Res $70/NR $80  #531272-04
- State of Matter, Electromagnet & Aerospace Res $39/NR $49  #531272-07

**Ages 6-11**

- State of Matter, Electromagnet & Aerospace Res $39/NR $49  #531272-07

**Ages 7-12**

- Crazy Chemistry Res $70/NR $80  #531272-01

**Minnesota Esports Club (MEC)**

Woodbury is partnering up with Minnesota Esports Club (MEC) to offer Esports to Woodbury residents! MEC is a nonprofit organization committed to the support, development and growth of youth and young adults through electronic sports organization, development, competition, media production and fundraising.

For $150 every MEC member receives:

- Team formation for middle/high school competitions
- Player and caster development and coaching
- Media production and casting opportunities
- College scholarship opportunities
- Access to club facility in Plymouth
- Free entry into all MEC events

MEC membership and competition is organized into four seasons, (aligning with high school sports seasons) for year-round action. All single-player sports participants are accepted. For team sports, we have tryouts and place participants on teams based on Esport, skill level and location/school district.

Players and teams have regular practices 2-4 times per week and competitions are typically held weekly once the season begins. In addition, we are adding scrimmages and matches against other school and club teams rapidly as Esports continues to grow.

Winter and summer feature open tournaments and offer opportunities for combined elite teams. Fall and spring are usually school or location-based teams. Matches may be remote with players competing from their home, local with players meeting at a local school or facility, or away requiring transportation to another location.

MEC participants actively compete in and host a plethora of tournaments. More often than not those tournaments are provided by the High School Esports League, and the Minnesota Varsity league.

Visit minnesotaesports.org for more information or to register.
Kidcreate Studios

Kidcreate Studio’s award-winning art classes allow kids to explore art in an environment full of giggles and grins. Kids create fridge-worthy masterpieces while learning art concepts and experimenting with different art materials.

Saturday Afternoon

Central Park, Tamarack Room Ages 4-9

Valentine’s Candy Mosaic
It is Valentine’s Day, and romance is in the air! Kids will create a heart-themed mosaic made out of frosting and Skittles®. Art does not get any sweeter than this! Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, Feb. 12 1-4 p.m. #550787-02

Rainbow Love
Who loves rainbows? We do! We will create dazzling rainbow-themed art projects using paint, glitter, and so much more! Artists will learn a special painting technique as they create a brilliant rainbow on a real canvas board, then they’ll make an adorable trinket box perfect for housing their tiniest treasures. Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, March 12 1-4 p.m. #550787-03

Central Park, Tamarack Room Ages 5-12

Glow-in-the-Dark Aurora Borealis
Come explore blending as we create a mixed-media landscape featuring nature’s most magnificent light show: Aurora Borealis. Just like the real Northern Lights, this project will actually glow-in-the-dark! Please pack a nut free-snack and drink for your child.

Res $39/NR $49 Saturday, Jan. 22 1-4 p.m. #550787-01

Paint like Picasso
This is your child’s chance to paint on a real canvas board, just like Picasso! We will learn all about the Cubist style as we draw and paint our own self-portrait. Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, March 26 1-4 p.m. #550787-04

Mayer Arts

Encanto Musical Theater Class
If you could choose to have any amazing ability, what would it be? Let’s put our special gifts into a story! We will learn music and choreography from Encanto and create our own musical. Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games.

HealthEast Sports Center, Summit Activity Room on the 2nd floor* Thursdays, Feb. 3-April 7 Res $125/NR $145 (No class March 10)

Ages 3-4 5:15-6:15 p.m. #550781-01
Ages 5-7 6-7 p.m. #550781-02

*Friends and family are invited to a special performance on April 7 (last day of class) at Woodbury Central Park Amphitheater, 8595 Central Park Place.

Sing 2 Musical Theater Camp
You and your friends want to put on a show in glamorous Redshore City! Let’s work together to make that happen! We will learn music and choreography from Sing 2 and create our own musical. Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games.

HealthEast Sports Center, Summit Activity Room on the 2nd floor* Thursdays, Feb. 3-April 7 Res $125NR $145 (No class March 10)

Ages 7-11 7-8 p.m. #550781-03

*Friends and family are invited to a special performance on Apr. 7 (last day of class) at Woodbury Central Park Amphitheater, 8595 Central Park Place.

School Day Out

Central Park, Tamarack Room Ages 4-9

L.O.L. Surprise Dolls
If you love L.O.L. Surprise Dolls, you’ll love this class! Create awesome L.O.L. Surprise projects using clay, paint and more. We’ll even make a diorama that a real L.O.L. Surprise Doll could call home.

Res $39/NR $49 Monday, Jan. 17 9 a.m.-noon #550783-10

Nifty Narwhal
She swims, she sparkles… she’s the unicorn of the sea! In this class, artists will sculpt a nifty narwhal using clay, paint, glitter and more. This is one underwater adventure you won’t want to miss, so sign up early for this glittery good time!

Res $39/NR $49 Friday, Feb. 18 9 a.m.-noon #550783-11

Central Park, Tamarack Room Ages 5-12

Among Us
Among Us fans, we’re getting all our crewmates together to create some out-of-this-world art. Sculpt, paint, draw, and more as we create projects inspired by this popular game.

Res $39/NR $49 Monday, Feb. 21 9 a.m.-noon #550783-12

Slime-tastic Art
It is a slime takeover! Explore different slime recipes as we create tons of gooey, sparkly, stretchy, messy goo. From an out-of-this-world glitter solar system slime, confetti cake slime and bubblegum scented slime, make a different slime each day of class. We will even throw in a little painting and sculpting on the side! Roll up your sleeves and get ready for the Slime-tastic time you have been waiting for!

Res $87/NR $102 Monday-Tuesday, Mar. 7-8 9 a.m.-noon #550783-13

Valentine’s Candy Mosaic
It is Valentine’s Day, and romance is in the air! Kids will create a heart-themed mosaic made out of frosting and Skittles®. Art does not get any sweeter than this! Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, Feb. 12 1-4 p.m. #550787-02

Rainbow Love
Who loves rainbows? We do! We will create dazzling rainbow-themed art projects using paint, glitter, and so much more! Artists will learn a special painting technique as they create a brilliant rainbow on a real canvas board, then they’ll make an adorable trinket box perfect for housing their tiniest treasures. Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, March 12 1-4 p.m. #550787-03

Central Park, Tamarack Room Ages 5-12

Glow-in-the-Dark Aurora Borealis
Come explore blending as we create a mixed-media landscape featuring nature’s most magnificent light show: Aurora Borealis. Just like the real Northern Lights, this project will actually glow-in-the-dark! Please pack a nut free-snack and drink for your child.

Res $39/NR $49 Saturday, Jan. 22 1-4 p.m. #550787-01

Paint like Picasso
This is your child’s chance to paint on a real canvas board, just like Picasso! We will learn all about the Cubist style as we draw and paint our own self-portrait. Please pack a nut-free snack and a drink for your child.

Res $39/NR $49 Saturday, March 26 1-4 p.m. #550787-04

Mayer Arts

Encanto Musical Theater Class
If you could choose to have any amazing ability, what would it be? Let’s put our special gifts into a story! We will learn music and choreography from Encanto and create our own musical. Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games.

HealthEast Sports Center, Summit Activity Room on the 2nd floor* Thursdays, Feb. 3-April 7 Res $125/NR $145 (No class March 10)

Ages 3-4 5:15-6:15 p.m. #550781-01
Ages 5-7 6-7 p.m. #550781-02

*Friends and family are invited to a special performance on April 7 (last day of class) at Woodbury Central Park Amphitheater, 8595 Central Park Place.

Sing 2 Musical Theater Camp
You and your friends want to put on a show in glamorous Redshore City! Let’s work together to make that happen! We will learn music and choreography from Sing 2 and create our own musical. Everyone will learn how to put together a professional show from start to finish. Learn how to properly speak your lines, block a scene, develop your character and much more! We will also play fun creative games.

HealthEast Sports Center, Summit Activity Room on the 2nd floor* Thursdays, Feb. 3-April 7 Res $125NR $145 (No class March 10)

Ages 7-11 7-8 p.m. #550781-03

*Friends and family are invited to a special performance on Apr. 7 (last day of class) at Woodbury Central Park Amphitheater, 8595 Central Park Place.
The East Metro Miracle League (EMML) offers adaptive recreation programs specifically for youth ages 3-18 with cognitive and/or physical challenges. These recreation programs provide an opportunity to participate in games, sports, activities and recreation leagues/classes. If you’re interested in learning more about the programs, please contact Jeremy at jeremy.bailey@woodburymn.gov or 651-414-3436.

**EMML Bowling**

Miracle League Bowling is designed specifically for youth with cognitive and/or physical challenges. Participate in fun-filled games of bowling at Sun Ray Lanes. Participants will learn the importance of sportsmanship, physical activity and peer-interaction in a fun atmosphere. During each session, an adult guardian is required to be on-site assisting their participant. Participants receive two games of bowling each Saturday.

Sun Ray Lanes, 2245 Hudson Road, St. Paul

Participant ($45 per session) Ages 3 and up
Volunteer (free) Ages 12 and up

**Session 1:** Saturdays, Jan. 8-29 Noon-1:30 p.m.  
#551261-03  #551261-10

**Session 2:** Saturdays, Feb. 5-26 Noon-1:30 p.m.  
#551261-04  #551261-10

**Sports Sampler**

Join us along with our friends from the Family Achievement Center for four weeks of fun-filled evenings! We will guide youth with cognitive and/or physical challenges in a variety of sports and activities including kickball, basketball, bowling, yoga and dance.

E-STEM Middle School Gym

**Wednesdays, March 2-23** 6:30-7:30 p.m.
Participant (35) Ages 3-18  
Volunteer (free) Ages 12 and older  

**Tennis**

For all levels, the age listed is a guideline; however, students can register for classes based on skill level or previous level completed.

**Little Shots (LST)**

Parents are encouraged to join their child on-court and participate in the activities, so they too can learn the strokes and fun games to play. 10 and Under Tennis equipment, including racquets, is provided.

Ages 4-6  Res $42/NR $52

**Big Shots (BST)**

Using the 10 and Under Tennis format, this class focuses on improving strokes and rallying with kids of similar ages and ability levels. Kids will begin to play matches in a fun, age-appropriate environment using modified scoring. 10 and Under Tennis equipment, including racquets, is provided.

Ages 7-9  Res $42/NR $52

**Youth Beginner (YB)**

Using age-appropriate formats, this class is an introduction to the basic strokes and rules of tennis. In addition to drills, each session will focus on group games in a fun environment. Low compression tennis balls will be used to accelerate learning and increase success. Players must provide their own racquet.

Ages 10-12  Res $47/NR $57

**Youth Advanced Beginner (YAB)**

Each practice session will incorporate tactics, skills and rules so these are learned as the children are playing the game. Students should be able to rally and keep score. Players must provide their own racquet.

Ages 10-12  Res $47/NR $57

**Volleyball**

It is never too early to start playing volleyball! Our energetic, enthusiastic and experienced coaches are ready to teach your future volleyball player. Learn the basics while doing fun drills and games during this 5-week program. Children will learn how to hit and serve, pass to the target and keep score. Players must provide their own racquet.

Ages 5-7  Res $70/ NR $85

**Little Spikers**

Thursdays, Jan. 6-Feb. 3  6:15-7 p.m.  
#551215-16

**Big Spikers**

Thursdays, March 31-May 5  6:15-7 p.m.  
#551215-20

(No class April 7)

(No class April 7)

**Tennis Schedule**

**E-STEM Middle School Gym, 600 Weir Drive**

**Mondays, Jan. 3-Feb. 7** (No class Jan. 17)

LST 6:15-7 p.m.  
#551850-01

YB 7:05-8:05 p.m.  
#551852-01

**Wednesdays, Jan. 5-Feb. 2**

BST 6:15-7 p.m.  
#551851-01

YAB 7:05-8:05 p.m.  
#551853-01

**Mondays, Feb. 28-March 28**

LST 6:15-7 p.m.  
#551850-02

YB 7:05-8:05 p.m.  
#551852-02

**Tuesdays, March 1-29**

BST 6:15-7 p.m.  
#551851-02

YAB 7:05-8:05 p.m.  
#551853-02

**Mondays, April 18-May 16**

LST 6:15-7 p.m.  
#551850-03

YB 7:05-8:05 p.m.  
#551852-03

**Wednesdays, April 20-May 18**

BST 6:15-7 p.m.  
#551851-03

YAB 7:05-8:05 p.m.  
#551853-03

**Big Spikers**

Develop and improve your skills in this fun, 5-week program! Learn proper bump, set and spike form all while playing fun games and drills. Your child will also learn how to properly serve, volley and pass to a target. Special lightweight volleyballs will be used to build confidents and proper form.

Ages 7-10  Res $70/ NR $85

**Little Spikers**

Thursdays, Jan. 6-Feb. 3  7:10-8:10 p.m.  
#551215-17

Thursdays, Feb. 17-March 17  7:10-8:10 p.m.  
#551215-19

Thursdays, March 31-May 5  7:10-8:10 p.m.  
#551215-21

(No class April 7)
**55+ Driver Discount Program**

This course is coordinated by St. Cloud State University’s Minnesota Highway Safety and Research Center. A certified instructor teaches the class. According to Minnesota law, persons ages 55 and older who complete the course qualify for a 10 percent discount on their auto insurance premiums for three years.

- First time participants must complete two, four-hour sessions. Repeat persons are required to take a four-hour refresher course.

**Ages 55 and older**

- Four-hour refresher: $24
- Eight-hour: $28

**Central Park, Valley Creek B Room.**

**Duplicate Bridge**

Mondays, Jan. 3-Dec. 19 12:30-3:30 p.m.  Valley Creek Room B

*Does not meet on: May 30, July 4, Aug. 8, Sept. 5, Nov. 7, Dec. 26*

Thursdays, Jan. 6-Dec. 29 9 a.m.-noon  Valley Creek Room B

*Does not meet Nov. 24*

Organized by the Woodbury Bridge Club and players must have a partner.

Contact: woodburybridgeclub.org

**Social Bridge**

Pre-registration not necessary

- Tuesdays, Jan. 4-Dec. 27 9 a.m.-noon.  Valley Creek Room B

*Does not meet Aug. 9, Nov. 8*

Contact: Woodbury Bridge Club/Tom Boylan at 651-731-2472

**Social Bridge**

Fridays, Jan. 7-Dec. 30 12:30-3:30 p.m.  Valley Creek Room A

*Does not meet Nov. 11 or Nov. 25*

Pre-register each week, Contact: Jackie Easton at 651-735-4526

**Mah-Jongg**

Pre-registration not necessary

- Thursdays, Jan. 6-Dec. 29 9:15 a.m.-noon  Valley Creek Room A

*Does not meet Nov. 24*

**500 Cards**

Pre-registration not necessary  Valley Creek Room A

- Thursdays, Jan. 6-Dec. 29 12:30 p.m.-3:30 p.m.

*Does not meet Nov. 24*

**Juniper Wellness Classes**

Join Juniper for virtual classes to get fit, prevent falls and live well on Zoom! Don’t know Zoom? Do not worry—we will teach you! Classes offered by local Minnesota organizations.

**Living Well with Diabetes**

Gain skills and support to feel more confident managing your diabetes.

- Wednesdays, Dec 8 - Jan 19 10 a.m. to 12:30 p.m.

**Diabetes Prevention Program**

Feel supported making small lifestyle changes to reduce your risk of diabetes.

- Wednesdays, Jan 5 - Apr 20 11 a.m. to noon

Register at yourjuniper.org or call 1-855-215-2174
Get Active! Join Woodbury’s Adult Athletic Leagues

Winter Broomball Leagues
Back by popular demand! Woodbury will be offering broomball this winter on Wednesday evenings at the HealthEast Sports Center outdoor rink. League will begin mid-December and run through mid-February (weather permitting). All experience levels are welcome, players will need to provide their own equipment. Registration is open now through Monday, Dec. 6. League will consist of six regular season games and a season-ending league playoff.

How to Register
For more information or to have a registration packet mailed or emailed to you, call Woodbury Parks and Recreation at 651-414-3436 or email jeremy.bailey@woodburymn.gov. League information and registration packets are also posted online at teamsideline.com/woodburymn. All players on any adult league must be 18 or older.

Winter Volleyball Leagues
Get your friends and family members together to join one of our winter volleyball leagues. We offer a women’s division on Tuesday nights and co-rec division on Friday nights. Games are played at Woodbury High School in the Activity Center. The season will start Tuesday, Jan. 4 (women’s) and Friday, Jan. 7 (co-rec). Leagues have space for 16 teams and will consist of 10 total games. Deadline to register is Friday, Dec. 17. Note: The City of Woodbury offers volleyball leagues during the spring. Registration materials for the spring session will be available in early February.

Spring 8v8 Indoor Soccer League
Organize a team and join one of our 8v8 soccer leagues this spring. We offer a men’s division Wednesday nights and a co-rec division on Friday nights. Games are played at HealthEast Sports Center inside the field house. The season will start in late February. Leagues have space for 12 teams and will consist of 10 total games. Registration will open in early January. Note: The City of Woodbury offers adult soccer leagues year round. Contact the league director if you would like to be added to the registration email list.

Adult Softball Leagues
Registration and information packets will be emailed to all returning teams in January 2022. League registration opens for all teams in early February and is first come, first serve until they are full. All leagues are USSSA sanctioned. Games are played at HealthEast Sports Center on various evenings April through mid-August. Note: Contact the league director if you would like to be added to the registration email list.

You can stay up to date with Woodbury Adult Athletic Leagues by following us on Facebook at facebook.com/WoodburyAdultAthletics.
**Ice Arena Programs**

**Indoor Open Skating**
Open skating is available for a fee on our two indoor rinks. It is ideal for individuals or groups. Open skating is designed for recreational skating and is available to skaters of all skill levels and ages. Private skating lessons, hockey playing or stick handling is not allowed during these times. Skate rental is available for $6/pair in both figure and hockey skates. 
- Single admission $5
- Ten pass $40

**Open Freestyle**
Open freestyle is available for figure skaters who are working on their edges and routines. This program is designed for figure skaters to bring a coach to help develop their routines. Skaters share the entire ice surface and can take turns as needed using a portion of the ice to work on edges, jumps, spins or moves. Note: Fee applies to both instructors and skaters.
- Single admission $7
- Ten pass $60

**Skate Rental and Skate Sharpening**
HSC has a full line of both hockey and figure skates, sizes 8 youth through 12 adult, available to rent for $6/pair.
Expert skate sharpening is available on site. Stop in and get your skates sharpened for $6/pair.

**Skate Woodbury Holiday Exhibition and Party**
Join us for family fun including open skating, games, a skating exhibition and more!
HealthEast Sports Center
Sunday, Dec. 19 2:30-4:45 p.m.
$10/family (tickets purchased at the door)

**Open Hockey Programs**
Our adult open hockey program is provided as a way to play pick-up hockey. No contact or checking is allowed and full equipment is required. Goalies are free. Maximum of 24 skaters allowed. Come early to reserve a spot.
- Ages 18 and older
  - Single admission $7
  - Ten pass $60

**Youth Stick and Puck**
Stick and Puck is provided for those under age 18 to work on their skating and stick handling skills. Parents and coaches are welcome but must pay the $6 fee. Full equipment is required for those 18 and under. Helmets required for all skaters. No games or scrimmages are allowed.
- Ages 18 and younger
  - Single admission $7
  - Ten pass $60

**Outdoor Refrigerated Rink**
Our refrigerated outdoor rink will open in late November, weather permitting. It is available for drop-in skating at no charge. No hockey sticks or pucks are allowed on this rink. The outdoor rink will tentatively be open Sundays-Thursdays 8 a.m.-8 p.m. and Fridays-Saturdays 8 a.m.-9 p.m. as weather permits. There will be occasions when the rink is unavailable for use, such as during private events or snow removal/maintenance activities.

**Times subject to change.**
For current program schedules visit healtheastsportscenter.com, subscribe to the InTouch email notifications, or pick up a monthly calendar at HSC.
Learn to Skate Program

Ice Sports Industry (ISI) Learn to Skate Program offers a skill progression designed to enhance the capabilities of each skater.

Special Notes

- Protective headgear is required for all children under the age of five. Bicycle helmets or lightweight hockey helmets are acceptable. The Learn to Skate Program does not provide headgear.
- Skate rental ($6) and sharpening ($6) are available during skating lessons. Please make sure your skates fit properly and the blades are sharp.
- No shoes or boots on the ice as the shoes bring dirt from outside to the ice surface, which is dangerous.
- Class times are subject to change, depending on scheduling. Each participant will be notified well in advance of any changes.
- All skaters should pick up their nametag as they enter the arena. Their class time, instructor and class level are on the tag. The instructor and student will have the same color nametag.
- Skaters should wear warm, comfortable clothing. We suggest they dress in layers so jackets or sweaters may be removed as the skaters warm up. Mittens or gloves are a must. No tight jeans, as they restrict movement.
- Skaters may be moved during the first few weeks of class to a level that is appropriate for them.
- All group skating lessons are ½ hour class time, ½ hour practice time.

What Level Do You Register For?

If you are not sure which level to register your child for, please register them as follows:

- Skaters who are 6 years old and younger, who have never skated before, sign up for Beginner 1.
- Skaters who are 7 years old and older, who have never skated before, sign up for Pre-Alpha and make a note on your roster that you are new to skating.
- Skaters who are in 1st grade and older who have skated before, please register for Pre-Alpha.

Beginner 1

Must be at least 3 years old. For skaters with no previous skating experience. Class emphasis is on learning to stand, roll and move on the ice through songs and games. **Protective headgear is required.** Younger Beginner 1 skaters (3-4 years old) have the option to have their parents attend class with them. Parents must have skates on. We encourage all older Beginner 1 skaters to attend class on their own.

Ages 3-6 years old

- Saturdays, Jan. 8-Feb. 19 9:50-10:50 a.m. #651400-01
- Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651400-02
- Saturdays, Feb. 26-April 9 9:30-10:30 a.m. #651400-05
- Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651400-06
- Sundays, Jan. 9-Feb. 20 2-3 p.m. #651400-03
- Sundays, Feb. 27-April 10 2-3 p.m. #651400-07
- Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651400-04
- Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651400-08

Beginner 2

For skaters previously enrolled in the skating program and have completed all of Beginner 1 skills. Class emphasis is on continuing forward skating and gliding, swizzles and backward skating. **Protective headgear is required.**

Ages 7-9 years old

- Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651411-02
- Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651411-06
- Sundays, Jan. 9-Feb. 20 2-3 p.m. #651411-03
- Sundays, Feb. 27-April 10 2-3 p.m. #651411-07
- Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651411-04
- Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651411-08

Beginner 3

For Kindergarten and younger who are able to skate forward by themselves. Swizzles, stops and backward skating are taught.

Ages 4-6 years old

- Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651422-02
- Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651422-06
- Sundays, Jan. 9-Feb. 20 2-3 p.m. #651422-03
- Sundays, Feb. 27-April 10 2-3 p.m. #651422-07
- Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651422-04
- Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651422-08
Beginner 4
For Kindergarten and younger skaters who have passed Beginner 3. Class emphasis is on backward skating, backward swizzles, stopping and gliding on one foot.

Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651434-02
Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651424-06
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651424-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651424-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651424-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651424-08

Beta
For skaters who have successfully completed Alpha. Emphasis is on back crossovers and T-Stops.

Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651455-02
Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651455-06
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651455-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651455-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651455-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651455-08

Gamma
For skaters who have successfully completed Beta. Turns are taught along with stops and Mohawk turns.

Saturdays, Jan. 8-Feb. 19 9:50-10:50 a.m. #651466-01
Saturdays, Feb. 26-April 9 9:50-10:50 a.m. #651466-05
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651466-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651466-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651466-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651466-08

Pre-Alpha
For skaters 7 and older who are new to skating or who have passed Beginner 4. This class will introduce forward and backward skating, stopping, gliding on one foot and swizzles.

Ages 7 and older

Saturdays, Jan. 8-Feb. 19 9:50-10:50 a.m. #651433-01
Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651433-02
Saturdays, Feb. 26-April 9 9:50-10:50 a.m. #651433-05
Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651433-06
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651433-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651433-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651433-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651433-08

Delta
For skaters who have successfully completed Gamma. Skaters will learn edge control, body alignment and balance in preparation for the freestyle levels.

Saturdays, Jan. 8-Feb. 19 9:50-10:50 a.m. #651477-01
Saturdays, Feb. 26-April 9 9:50-10:50 a.m. #651477-05
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651477-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651477-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651477-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651477-08

Alpha
For skaters who have successfully completed Pre-Alpha. Forward crossovers and stroking are taught.

Saturdays, Jan. 8-Feb. 19 10:20-11:20 a.m. #651444-02
Saturdays, Feb. 26-April 9 10:20-11:20 a.m. #651444-06
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651444-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651444-07
Tuesdays, Jan. 4-Feb. 15 6-7 p.m. #651444-04
Tuesdays, Feb. 22-April 5 5:30-6:30 p.m. #651444-08

Freestyle 1-5
For skaters who have successfully completed the Delta level. Skaters learn to jump, spin and do other exciting skills. Creating skating programs to music and progressing to more difficult jumps and spins is achieved at each level.

Saturdays, Jan. 8-Feb. 19 9:50-10:50 a.m. #651488-01
Saturdays, Feb. 26-April 9 9:50-10:50 a.m. #651488-05
Sundays, Jan. 9-Feb. 20 2:30-3:30 p.m. #651488-03
Sundays, Feb. 27-April 10 2:30-3:30 p.m. #651488-07
**Adult Beginner**

This class is for adults who have very little experience or who have never skated and would like to try.

- **Res $93/NR $103**
- **Saturdays, Jan. 8-Feb. 19** 10:20-11:20 a.m.  #651500-02
- **Saturdays, Feb. 26-April 9** 10:20-11:20 a.m.  #651500-06
- **Sundays, Jan. 9-Feb. 20** 2:30-3:30 p.m.  #651500-03
- **Sundays, Feb. 27-April 10** 2:30-3:30 p.m.  #651500-07
- **Tuesdays, Jan. 4-Feb. 15** 6-7 p.m.  #651500-04
- **Tuesdays, Feb. 22-April 5** 5:30-6:30 p.m.  #651500-08

**Adult Intermediate**

This class is for adults who can skate forward and backward well and wish to learn more complicated turns and crossovers.

- **Res $93/NR $103**
- **Saturdays, Jan. 8-Feb. 19** 10:20-11:20 a.m.  #651511-02
- **Saturdays, Feb. 26-April 9** 10:20-11:20 a.m.  #651511-06
- **Sundays, Jan. 9-Feb. 20** 2:30-3:30 p.m.  #651511-03
- **Sundays, Feb. 27-April 10** 2:30-3:30 p.m.  #651511-07
- **Tuesdays, Jan. 4-Feb. 15** 6-7 p.m.  #651511-04
- **Tuesdays, Feb. 22-April 5** 5:30-6:30 p.m.  #651511-08

**Team Ensemble/Team Compulsory**

This class is for skaters in Pre-Alpha through Freestyle who would like to skate on a team of 3 to 6 skaters and would like to participate in a skating competition as a team member. This is a fun way to work on your skating skills while putting together a number with music. Fee includes music, costumes and instruction.

- **Res $93/NR $103**
- **Pre-Alpha through Freestyle**
  - **Saturdays, Jan. 8-Feb. 19** 8:40-9:15 a.m.  #651555-01
  - **Sundays, Jan. 9-Feb. 20** 3:30-4:15 p.m.  #651555-03

**Introduction to Synchronized Skating**

Synchronized skating involves a group of 8-20 skaters performing to music with different formations in unison. Formations consist of blocks, spokes, intersections and lines. Skaters will learn the basic steps of synchronized skating and put a short program together.

- **Res $93/NR $103**
- **Saturday, Jan. 8-Feb. 19** 8:15-9 a.m.  #651566-01
- **Saturdays, Feb. 26-April 9** 8:15-9 a.m.  #651566-05

**24th Annual Ice Show**

All skaters are encouraged to participate in our 24th Annual Ice Show. The theme this year is “SkateWoodbury Night at the Museum.” Show times are Friday, April 1, at 4:30 and 7:30 p.m. and Saturday, April 2, at 11 a.m. Please be sure to fill out the additional Ice Show registration form and indicate the skater’s costume size. The form is available at the lessons program table and front office at HSC. Deadline to register is Feb. 15.

- **Fee: $123**
- **#663777-01**
- **Each additional skater: $103**
- **#663777-03**
- **Family Number: $10**
- **#663777-02**

**Skater’s Open Practice Ice**

This ice time is for skaters to take a private lesson, semi-private lesson or just to get extra practice time. A coach’s list for private lessons will be available. This fee is for ice time only. The coaching fee is separate and paid directly to the coach of your choice. It is up to the skater to contact their own private coach. For Pre-Alpha through Freestyle levels.

- **Res $93/NR $103**
- **Saturdays, Jan. 8-Feb. 19** 8:40-9:20 a.m.  #651544-01
- **Saturdays, Feb. 26-April 9** 8:40-9:20 a.m.  #651544-05
- **Sundays, Jan. 9-Feb. 20** 3:30-4:15 p.m.  #651544-03
- **Sundays, Feb. 27-April 10** 3:30-4:15 p.m.  #651544-07
Playground Egg Hunt
A special egg hunt just for the littlest ones! Bring your own basket or bag and find the eggs hidden around the playground! During each session, participants will join in an egg hunt on the playground, photos with the spring bunny and a spring-themed craft. Please arrive promptly at your start time and bring your own camera for a photo with the bunny.

Ojibway Park playground is exclusively reserved for this event on Saturday, April 9, from 9:20 a.m.-12:45 p.m.
Ages 1-6
$6 pre-registered (only children need to register)
$10 at the event, if available

Ojibway Park Playground
Saturday, April 9
9:30 a.m. #550910-03
10 a.m. #550910-04
10:30 a.m. #550910-05
11 a.m. #550910-06
11:30 a.m. #550910-07
12 p.m. #550910-08
12:30 p.m. #550910-09

Bonfire, Build, Bows and Bait
Venture out of your normal Saturday for an afternoon at Carver Lake Park! Participants will learn the basic skills of archery, unleashing their new skills with real and NERF™ bows; tackle the skill of fishing; build a cool LEGO® item to bring home; and finish up the day with s'mores by the bonfire.
Recommended ages 4-12 with an adult
$15 (only children need to register)

Carver Lake Park Shelter
Saturday, May 21
1 p.m. #550919-01
2 p.m. #550919-02
3 p.m. #550919-03
A HUGE THANK YOU TO OUR SPONSORS
Sponsorship opportunities are still available. Contact 651-714-3583 today for more information.

Performances are held at Central Park Amphitheater
8595 Central Park Place
All performances are family-friendly and free.

Musical Performances

- **Dec. 19 2 p.m.** Nancy Olson
  Holiday Folk Music

- **Jan. 16 2 p.m.** Capri Big Band
  Swing Band

- **Jan. 25 6:30 p.m.** Roseville Big Band
  Big Band Music

- **Feb. 27 2 p.m.** Dirty Shorts Brass Band
  Big Band Jazz

- **Mar. 27 2 p.m.** Matt Hannah
  Folk Music

- **Apr. 24 2 p.m.** ForEver Young
  Swing, Jazz, Rock

- **May 1 2 p.m.** Classic Brass Quintet
  Classical

Lookout Ridge
Lookout Ridge is currently open for play and private rentals. For current hours and regulations, visit woodburylookoutridge.com.
For private rentals and birthday party information, email centralpark@woodburymn.gov or call 651-714-3799.

Central Park
Space is available to rent for meetings, programs, weddings and events. For more information, visit the website at woodburycentralpark.com, email centralpark@woodburymn.gov or call 651-714-3799.

Ojibway Park Building
The building at Ojibway Park features a serving kitchen, patio space overlooking the Lions Club Bandshell, audio/video equipment, and Wi-Fi. Call 651-714-3586 for more details. For all park building and shelter rental information visit woodburymn.gov/ParkRentals.

Sponsor logos placed throughout the brochure represent gold or platinum financial sponsors of the event or program.